



Pattern for Little Girl Doll

As part of our campaign to raise awareness about the challenges posed by long parental absences, The Naval Children's Charity is delighted to invite you to create this Little Girl doll.

These will be sent out, alongside the book "Knit the Family", to families that have requested them.

This doll can be paired up with/stitched together with one of the Marine/Navy dolls.

Please send any dolls you knit to the address below, or email: book@navalchildrenscharity.org.uk if you have any questions.

Thank you for your time.

Naval Children's Charity

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“With the modern Navy being a diverse environment, we actively encourage colour variations of this doll including hair, skin and clothing. We currently do not have a pattern available for a Little Boy Doll but if you are up for the challenge, please feel free to adapt if possible”
Please use the below as a guide”.

You will need:

- 3 m (2 g) pale pink DK yarn
- 11 m (5 g) mauve DK yarn
- 11 m (5 g) skin tone DK yarn
- 5 m (2 g) pale yellow DK yarn
- Very small amounts of dark grey and red DK yarns
- 5-10 g polyester toy filling

You will also need:

- A pair of 3 mm knitting needles
- A needle to sew your doll together
- A large-eyed embroidery needle
- Red colouring pencil
- Water-soluble pen

Body and head

Make x2 pieces

- Cast on 12 sts in pale pink.
- Work 5 rows in st st beg with a K row.
- Next row: K.
- Break pale pink yarn and join mauve yarn.
- Work 5 rows in st st beg with a K row.
- Next row: K.
- Break mauve yarn and join beige yarn.
- Next row K.
- Next row: (P2tog) twice, P4, (p2tog) twice. [8 sts]
- Next row: K1, k2tog, K2, ssk, K1. [6 sts]
- Next row: P.
- Next row: (Inc1) 5 times, K1. [11 sts]
- Next row: P.
- Next row: K2, m1, K7, m1, K2. [13 sts]
- Work 7 rows in st st beg with a P row.
- Next row: K2, k2tog, K5, ssk, K2. [11 sts]
- Next row: P2tog, P7, p2tog. [9 sts]
- Cast off.

Legs

Make x2

- Cast on 8 sts in beige.
- Work 14 rows in st st beg with a K row.
- Next row: K1, k2tog, K2, ssk, K1. [6 sts]
- Next row: P2tog, P2, p2tog. [4 sts]
- Break yarn, thread through rem sts, pull tightly and secure.

Arms

Make x2

- Cast on 7 sts in mauve.
- Work 5 rows in st st beg with a K row.
- Next row: K.
- Break mauve yarn and join beige yarn.
- Work 8 rows in beige beg with a K row.
- Next row: K1, k2tog, K1, ssk, K1. [5 sts]
- Next row: P2tog, P1, p2tog. [3 sts]
- Next row: K3tog. [1 st]
- Break yarn and pull through rem st.

Skirt

- Cast on 20 sts in mauve.
- 1st row: P.
- Next row: K2, (m1, K2) to end. [29 sts]
- Work 10 rows in st st beg with a P row.
- Cast off kwise.

Making up

Join the back seam of the skirt using mattress stitch. Weave in lower yarn tails.

Making up doll

Make up doll in the same basic way as the sailor doll. Cut 20 x 20-cm strands of yellow yarn for the hair. Join the centre of the strands to the centre of the top seam of the head. Join again at each side of the doll's face, using the photograph as a guide.

Trim the bunches to the desired length. Oversew the waistband of the skirt in place round the doll's waist using the yarn tails.