



Pattern for Royal Navy Doll

As part of our campaign to raise awareness about the challenges posed by long parental absences, The Naval Children's Charity is delighted to invite you to create this Royal Navy doll.

These will be sent out, alongside the book "Knit the Family", to families that have requested them.

The Royal Navy Doll can be paired up with/stitched together with one of the children dolls.

We would like to add that with the modern Navy being a diverse environment, we actively encourage the adaption of our dolls, but request that the uniform remains the set colours.

Please send any dolls you knit to the address below, or email: book@navalchildrenscharity.org.uk if you have any questions.

Thank you for your time.

Naval Children's Charity

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You will need:

- 31 m (13 g) navy DK yarn
- 11 m (5 g) white DK yarn
- 6 m (3 g) royal blue DK yarn
- 13 m (6 g) skin tone DK yarn
- 6 m (3 g) dark grey DK yarn
- A small amount of mid-brown yarn
- A very small amount of red DK yarn
- 10–15 g polyester toy filling

You will also need:

- A pair of 3 mm knitting needles
- A medium size crochet hook (optional)
- A needle to sew your doll together
- A large-eyed embroidery needle
- Red colouring pencil for colouring the cheek
- Water soluble pen to mark the position of the features before you embroider them.

Body and head

Make x2 pieces

- Cast on 14 sts in navy.
- Work 9 rows in st st beg with a K row.
- Next row: K.
- Break navy yarn and join white yarn.
- Next row: K.
- Work 10 rows in st st beg with a K row.
- Break white yarn and join royal blue yarn.
- Next row: K.
- Break royal blue yarn and join beige yarn.
- Next row: P.
- Next row: K2tog, K to last 2 sts, ssk. [12 sts]
- Next row: (P2tog), 6 times. [6 sts]
- Next row: K1, (m1, K1) to end. [11 sts]
- Next row: P.
- Next row: K2, m1, K1, m1, K5, m1, K1, m1, K2. [15 sts]
- Next row: P.
- Next row: K2, m1, K to last 2 sts, m1, K2. [17 sts]
- Work 7 rows in st st beg with a P row.
- Next row: K2, k2tog, K to last 4 sts, ssk, K2. [15 sts]
- Next row: P2tog, P to last 2 sts, p2tog. [13 sts]
- Rep last 2 rows twice more. [9 sts]
- Cast off.

Legs

Make x2

- Cast on 24 sts in dark grey.
- Work 6 rows in st st beg with a K row.
- Next row: K6, cast off 12 sts, K to end. [12 sts]
- Next row: P across all 12 sts.
- Break dark grey yarn and join navy yarn.
- K 4 rows.
- Work 18 rows in st st beg with a K row.
- Cast off.

Arms

Make x2

- Cast on 9 sts in navy.
- Work 19 rows in st st beg with a K row.
- Break navy yarn and join beige yarn.
- Next row: K.
- Next row: K1, k2tog, K3, ssk, K1. [7 sts]
- Next row: P2tog, P3, p2tog. [5 sts]
- Break yarn, thread through rem sts, pull up tightly and secure.

Making up

Place the two body and head pieces right sides together. Oversew round the head. Turn the piece the right way out and join the sides using mattress stitch, leaving the lower edge open for stuffing. Stuff then close the gap. Fold the first leg piece in half lengthways. Oversew the top and bottom seams of the shoe. Turn the leg the right way out and join the back seam using mattress stitch. Repeat for the second leg.

Stuff the legs and oversew in place on the lower edge of the doll. Fold the arms in half lengthways so that the right sides are facing outwards. Join the long seam but do not stuff. Oversew the arms in position.

Weave in all yarn tails. Work six French knots across the top seam of the head for the hair. Embroider two French knots for the eyes using dark grey yarn. Work the mouth in straight stitch using red yarn. Colour the cheeks with the red crayon.

CLOTHES

Top

The sleeves of the top are knitted as part of the doll itself.

Front

Make x1

- Cast on 18 sts in navy.
- 1st row: P.
- Work 4 rows in st st beg with a K row.
- Next row: K2, k2tog, K to last 4 sts, ssk, K2. [16 sts]
- Work 5 rows in st st beg with a P row.
- Rep last 6 rows once more.* [14 sts]
- Next row: K7, turn and work on these 7 sts only, leaving rem sts on needle.
- Next row: K1, P to end.
- Next row: K to last 2 sts, k2tog. [6 sts]
- Next row: K1, P to end.
- Rep last 2 rows twice more. [4 sts]
- Cast off.
- Rejoin yarn to rem sts on RS of work.
- Next row: K.
- Next row: P to last st, K1.
- Next row: K2tog, K to end. [6 sts]
- Next row: P to last st, K1.
- Rep last 2 rows twice more. [4 sts]
- Cast off.

Back

Make x1

- Work as for front till *.
- Next row: K2, k2tog, K to last 4 sts, ssk, K2. [12 sts]
- Work 6 rows in st st beg with a P row.
- Next row: K.
- Cast off.

Collar

Make x1

- Cast on 16 sts in royal blue.
- 1st row: K1, P to last st, P1.
- Next row: K.
- Rep last 2 rows once more.
- Next row: K1, P to last st, P1.
- Next row: K6, cast off 4 sts, K to end.
- Turn and work on last 6 sts knitted only, leaving rem sts on needle.
- Next row: K1, P to last st, K1.
- Next row: K.
- Next row: K1, P to last st, K1.
- Next row: K2tog, K to end. [5 sts]
- Next row: K1, P to last st, K1.
- Next row: K.
- Next row: K1, P to last st, K1.
- Rep last 4 rows once more. [4 sts]
- Next row: K2tog, K2. [3 sts]
- Next row: K1, P1, K1.
- Next row: K2tog, K1. [2 sts]
- Next row: P2tog, break yarn and pull through rem st.
- Rejoin yarn to rem sts on WS of work.
- Next row: K1, P to last st, K1.
- Next row: K.
- Next row: K1, P to last st, K1.
- Next row: K to last 2 sts, K2tog. [5 sts]
- Next row: K1, P to last st, K1.
- Next row: K.
- Next row: K1, P to last st, K1.
- Rep last 4 rows once more. [4 sts]
- Next row: K2, k2tog. [3 sts]
- Next row: K1, P1, K1.
- Next row: K1, k2tog. [2 sts]
- Next row: P2tog, break yarn and pull through rem st.

Tie

Using a crochet hook, work a 20-cm chain in navy yarn. (Alternatively, you can make a thin plait using three strands of yarn or work a cord using finger knitting.)

Making up

Place the front and back pieces of the top right sides together and oversew the shoulder seams. Turn the top right sides out. Join the side seams using mattress stitch, leaving a 1.5-cm gap at the top of each seam for the armholes.

Put the top onto the doll and oversew round the armholes.

Soak the collar in cool water, squeeze out excess, shape and leave to dry. Sew the collar in place at the front of the top. Weave in yarn tails of the tie and knot round the neck as shown in the photo.

Hat

The hat is knitted in two main parts – the side band and the tip.

Side band

Make x1

- Cast on 25 sts in navy.
- K 2 rows
- Next row: P
- Break navy yarn and join white yarn.
- Work 2 rows in st st beg with a K row.
- Next row: (Incl) 24 times, K1. [49 sts]
- Next row: P.
- Cast off.

Tip

Make x1

- Cast on 12 sts in white.
- 1st row: Incl, K to last 2 sts, incl, K1. [14 sts]
- Next row: P.
- Next row: K1, m1, K to last st, m1, K1. [16 sts]
- Next row: P.
- Rep last 2 rows twice more. [20 sts]
- Work 4 rows in st st beg with a K row.
- Next row: K1, k2tog, K to last 3 sts, ssk, K1. [18 sts]
- Next row: P.
- Rep last 2 rows twice more. [14 sts]
- Next row: K1, k2tog, K to last 3 sts, ssk, K1. [12 sts]
- Cast off.

Making up

Join the short sides of the side band to form a circle and oversew the tip in place from the inside, so the rows of knitting lie across the width of the hat. Weave in all yarn tails.

Soak finished piece in cool water, squeeze out excess, shape and leave to dry.